

Resources for the Trach Mom

These are simply items we've found helpful within the heart community and are not medical advice. Always consult your baby's care team before using new medical tools at home, as every heart baby's needs are different. We hope this list helps you feel a little more prepared and supported—you're not alone in this journey!



Video Monitor

- A video monitor can help parents keep a close eye on their baby during sleep, naps, or while managing medical equipment nearby.
- For a heart baby, it can provide extra reassurance during naps, overnight sleep, and recovery periods by helping parents monitor breathing patterns and movement more closely.

[LINK FOR MONITOR](#)



Air Purifier

- An air purifier can help improve air quality by reducing dust, allergens, and other irritants in the home.
- For heart babies, creating a cleaner environment can help support easier breathing and provide extra peace of mind during recovery or illness season.

[LINK FOR AIR PURIFIER](#)



Bottle Sterilizer

- A bottle sterilizer can help thoroughly clean and sanitize trach supplies, bottles, and feeding items.
- Keeping equipment properly sterilized is especially important for medically complex babies with higher infection risks.

[LINK FOR BOTTLE STERILIZER](#)



Humidifier

- A humidifier adds moisture to the air, which can help ease congestion, dry air irritation, and breathing discomfort.
- This can be especially helpful during cold and flu season or after surgeries when respiratory support is important.

[LINK FOR HUMIDIFIER](#)

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Duffle Bag

- A duffle bag can help families keep an emergency or hospital “go bag” packed and ready with essentials for unexpected admissions, appointments, or overnight stays.

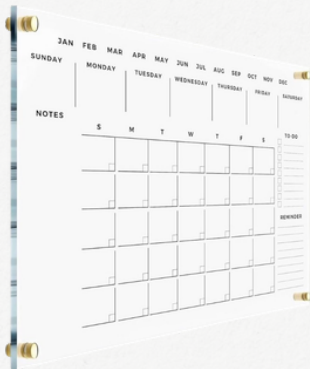
[LINK FOR DUFFLE BAG](#)



Plastic Shoe Organizer

- A hanging shoe organizer can be a simple way to store and sort medical supplies, medications, syringes, and daily essentials.
- Clear pockets make it easier to quickly find what you need during busy days.

[LINK FOR PLASTIC SHOE ORGANIZER](#)



Wall Calendar

- A wall calendar can help families keep track of appointments, medication changes, therapy schedules, surgeries, and important reminders all in one place.

[LINK FOR WALL CALENDAR](#)



Bath Chair

- A bath chair can provide extra support and stability for trach babies during bath time, helping make bathing safer, more comfortable, and easier for caregivers.

[LINK FOR BATH CHAIR](#)

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USB-C Charger for Infinity Feeding Pump

- A backup charger for a feeding pump can be helpful for travel, hospital stays, appointments, or everyday use.
- Having an extra charger on hand can help ensure feeding equipment stays powered when you need it most.

[LINK FOR USB-C CHARGER FOR FEEDING PUMP](#)



Feeding Pump Holder

- A feeding pump holder helps keep feeding equipment secure, organized, and easier to transport throughout the day.
- It can make continuous feeds more manageable at home, during appointments, or while on the go.

[LINK FOR FEEDING PUMP HOLDER](#)



Feeding Tube Backpack

- A feeding tube backpack helps safely carry feeding pumps and supplies while allowing babies and children more mobility and comfort throughout the day.

[LINK FOR FEEDING TUBE BACKPACK](#)



Enfit Feeding Tube Wrench Tool

- A feeding bag tool can help make opening or disconnecting ENFit feeding equipment easier, especially during frequent feeds or medication administration.

[LINK FOR ENFIT FEEDING TUBE WRENCH TOOL](#)

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Pulse Ox Dupe Tape

- Pulse ox probe tape can help keep oxygen monitor probes secure when the original adhesive starts to lose its stickiness.
- Keeping probes in place can help provide more accurate readings and reduce the need for constant adjustments.

[LINK FOR PULSE OX DUPE TAPE](#)



Emergency Button Alarm Pager System

- An emergency alarm pager system can help caregivers quickly alert family members or overnight nurses when immediate assistance is needed.
- It can provide extra peace of mind, especially during overnight care or medical emergencies.

[LINK FOR EMERGENCY BUTTON ALARM PAGER SYSTEM](#)



Rechargeable Book Light

- A rechargeable book light can provide soft lighting for night nurses, overnight checks, medication administration, or feeds without fully waking the baby or disrupting sleep.

[LINK FOR RECHARGEABLE BOOK LIGHT](#)



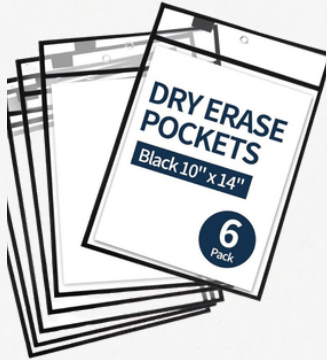
Cotton-Tipped Applicators

- Cotton tip applicators can help with gently cleaning around a g-tube site and reaching smaller areas during daily care routines.
- They can be useful for helping keep the area clean and dry.

[LINK FOR COTTON TIPPED APPLICATORS](#)

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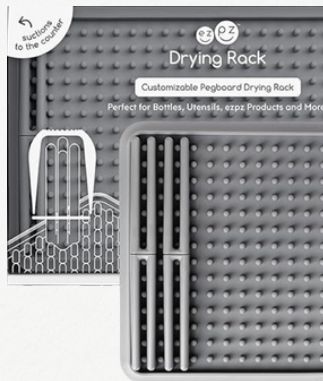
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Dry Erase Pockets

- Dry erase pockets are helpful for holding medication schedules, feeding plans, or daily routines that need frequent updates.
- They make it easy to reuse important documents without constantly printing new copies.

[LINK FOR DRY ERASE POCKETS](#)



Drying Mat

- A drying mat provides a clean space for syringes, bottle parts, and feeding supplies to air dry after washing.
- It can help keep frequently used medical items organized and sanitary.

[LINK FOR DRYING MAT](#)



Reusable Zip Locks

- Reusable zip bags are great for organizing medications, syringes, and small medical supplies when leaving the house or heading to appointments. They help keep essentials easy to grab and contained.

[LINK FOR REUSABLE ZIP LOCKS](#)



Medicine Cups

- Medicine cups can make medication preparation and administration easier, especially for babies with multiple daily medications or precise dosing schedules.

[LINK FOR MEDICINE CUPS](#)

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Washable Chux Pads

- Washable chux pads can help protect bedding, furniture, and changing areas from spills, leaks, or accidents.
- They're reusable, easy to clean, and helpful for everyday care routines.

[LINK FOR WASHABLE CHUX PADS](#)



Power Strip

- A power strip can be incredibly helpful for families managing multiple medical devices, chargers, monitors, and feeding equipment in one space.
- It helps keep essential equipment powered and organized.

[LINK FOR POWER STRIP](#)



White Board

- A white board can be helpful for writing down medication schedules, reminders, feeding goals, questions for doctors, or important updates for caregivers and nurses.

[LINK FOR WHITE BOARD](#)



Diaper Caddy

- A diaper caddy helps keep diapers, wipes, medications, syringes, and daily care items organized and within reach throughout the house.

[LINK FOR DIAPER CADDY](#)

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Label Maker

- A label maker can help organize medications, feeding supplies, storage bins, and medical equipment, making daily routines easier and helping caregivers quickly identify important items.

[LINK FOR LABEL MAKER](#)



3 Tier Rolling Cart

- A rolling cart can help organize medications, feeding supplies, diapers, and daily medical essentials in one easily accessible space that can move room to room as needed.

[LINK FOR 3 TIER ROLLING CART](#)



Drawer Organizers

- Drawer organizers can help separate and sort medications, syringes, medical tools, and small supplies, making daily routines feel a little more manageable and organized.

[LINK FOR DRAWER ORGANIZERS](#)



Command Hook Variety Pack

- Command hooks can help organize cords, feeding tubes, backpacks, medical equipment, or frequently used items without damaging walls or furniture.

[LINK FOR COMMAND HOOK VARIETY PACK](#)